

## **DCU Sport – Job Description**

**Applications are invited from interested candidates for the following position.**

<b>Job Title:</b>	<b>Part-time Fitness Instructor (Trispace Sports DAC)</b>
<b>Location:</b>	DCU Sport (inc. Sports Complex, Soccer Centre, Sports Campus, St. Patrick's Campus, Morton Stadium), Dublin City University, Glasnevin, Dublin 9.
<b>Responsible to:</b>	Operations Manager, DCU Sport
<b>Contract:</b>	1 year
<b>Salary:</b>	€13.50 to €17.05 per hour, payable monthly. CPD Programme, Gym Membership.

### **DCU SPORT**

DCU Sport proudly manages the award-winning sports facilities at Dublin City University (DCU). Overseeing the Sports Complex, Soccer Centre, Sports Campus, Sports Complex on St. Patrick's Campus, and Morton Stadium, we cater to staff, students, alumni, and the public. With a vibrant community of 5,000 members and a monthly footfall of 65,000, our award-winning facilities support numerous student clubs, elite teams, and individuals in their training endeavours. We are also the chosen venue for numerous national and international events. At DCU Sport, our mission is to deliver an exceptional sporting experience that connects, inspires and transforms our DCU Community.

### **PURPOSE OF THIS POST**

The purpose of this post is deliver high quality, energetic and dynamic group fitness classes as part of our group fitness schedule. The successful applicant will also design programmes for members and ensure people using the gym do so in a correct manner at all times.

### **KEY DUTIES**

- To supervise the gym.
- To design gym programmes for members as required.

- To teach dynamic and effective group fitness classes.
- To attend all organised staff development and training sessions as required.
- To teach on our Active for Life programme for older adults.
- To ensure that all policies and procedures in place are followed and adhered to.
- To adhere to strict procedures and ensure standards are adhered to at all times.
- To assist in practising high levels of customer service and professionalism at all times.
- To assist in maintaining and improving a high standard of hygiene, quality & service.
- To have a flexible approach to working hours as weekend roster applies.
- To be able to work on their own and as part of a busy team, to communicate with the team effectively and to be able to use their own initiative.
- To greet members and guests in a warm, welcoming, professional and friendly manner.
- To deal with any guest / member queries and complaints in a professional manner.
- To deal with a wide variety of members of the public both general and special populations.
- To support the organisation in achieving its goals and objectives.

*Any other duties which may be assigned from time to time by the Duty Managers or Senior Management Team or ad-hoc duties, which can arise.*

## **PERSONNEL SPECIFICATION**

1. Educational Standards – Recognised Fitness Instructors Qualification, REPS accreditation.
2. Work Experience - 1 year in a similar role.
3. A positive attitude, highly motivated and an organised approach to the position.

## **ESSENTIAL TRAINING**

The successful candidate will be required to undertake essential compliance training – Data protection, Child Protection and Cyber Security as required by DCU Sport, further essential training will be required throughout.

**Spoirt DCU**  
Ollscoil Chathair  
Bhaile Átha Cliath,  
Baile Átha Cliath 9  
Éire

**DCU Sport**  
Dublin City University  
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[dcu.ie/dcusport](http://dcu.ie/dcusport)



## HOW TO APPLY

If you're ready to make an impact and thrive in a vibrant environment, we want to hear from you! Please submit your CV to Gemma Dempsey, DCU Sport General Manager, [gemma.dempsey@dcu.ie](mailto:gemma.dempsey@dcu.ie)

*Please note:* This position is subject to Garda Vetting

*At DCU Sport, we are committed to creating an inclusive and diverse workplace where every individual's culture and creativity are celebrated. We believe in the power of our team members' diverse backgrounds, abilities, and experiences to drive our collective success. Discrimination based on gender, marital status, family status, age, disability, sexual orientation, race, religion, or membership of the Travelling community has no place at DCU Sport.*

*Our goal is to ensure that every candidate has an accessible and positive experience throughout our hiring process. When you join DCU Sport, you become part of a dynamic community that values different perspectives, views, and personalities. We encourage you to bring your authentic self to work every day. If you require any accommodations during the application or employment process, please reach out to [gemma.dempsey@dcu.ie](mailto:gemma.dempsey@dcu.ie). Your comfort and success are important to us.*