

**Swim for All**

**Term 3**

**14thJanuary – 25th February 2017**

**Class Information**

**Saturday** 11.30-12.15pm

**7 Week Course**

Members: €77

Non-members: €112

Our Swim for All programme is designed to cater for children with disabilities. Games and activities are utilised to improve balance, co-ordination, confidence and to develop skills such as breath control, floating, kicking, submerging and basic swim strokes as part of a group. Our aim is to enable the child to develop the skills required for swimming, allowing them to enjoy the ability to swim for life.

Parents/guardians are encouraged to accompany their children in the pool where possible, this is mandatory if a child needs 1:1 supervision. 1:1 options are also available, please contact reception.

**Places are strictly limited and ratios are low.**

**Code of Conduct:**

* DCU Sport’s Code of Conducts must be adhered to at all times.
* Children must be in Junior Infants to begin lessons.
* All classes must be paid in full in advance to secure a place and swimmers can only attend classes they are booked into.
* €5 discount available for additional siblings.
* A spectator area is available for parents/guardians.
* Non-members will require a wrist band to avail of lockers and free car parking (during lessons). Wristbands are available to purchase from reception for €20.
* Places are non-transferable and non-refundable except in cases of certified illness or injury.
* Management reserve the right to merge or withdraw classes from the timetable.
* Participants must wear flip flops & take a pre-swim shower
* Swim hats are mandatory and are available for purchase at reception.
* Please bring arm-bands if required.
* Children must shower before entering the pool.
* No belongings should be left in the family changing cubicles during lessons. Lockers are available.
* Children must be collected from the pool deck at the end of the lesson.
* Please do not bring your child to lessons if they are feeling unwell.
* Priority booking for Term 3 participants is available until the 17th December 2016.

**Pre-swim Hygiene**

1. Children must use the toilet before the lesson.

2. Children should not eat 2 hours before the lesson.

3. Children should wear swim nappies if required.

4. Parents/Guardians should inform the teacher at the start of each lesson if their child has any injury/illness.

**DCU Sport Creating Purpose through People and Programmes**

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| --- | --- | --- | --- |
| **Name (s)** | DOB | ClassDay / Time | Level |
| Child 1  |  |  |  |
| Child 2 |  |  |  |
| Child 3 |  |  |  |
|  |  |

 Parent/Guardian Name:

 Contact:

 Address:

 Email Address:

 **Emergency Contact Name:**

 **Emergency Contact Number:**

 Are you a member of DCU Sport? Yes  No 

 Does your child/children have any illnesses/allergies, injuries or learning

 difficulties that we should be aware of? Yes  No 

 If yes, please describe:

 Is your child/children currently on any medication? Yes  No 

 If yes, please describe:

 I/We agree to the Code of Conduct outlined on the application form (see front).

 Parent/Guardian: Date: